



The Forest View

Volume 2-8 August 2017

Leadership retreat, Madeline Wright: I really enjoyed what we did at the leadership retreat this year. Personally, what I most enjoyed was learning more about the “behind the scenes” part of running a rescue squad. There is so much more to it than a lot of people realize. I learned how to work with others and came to realize that everybody has their own specialty area where they can help. I also enjoyed being able to go to the baseball game together and getting to know everyone a little better! I would really like something similar next year as interactive activities allow one to learn more.



From Rebecca Murray, Operations Captain: Our organization is made up of some superb members. Sometimes these members go above and beyond the call of duty and act with the utmost professionalism and skill for our patients and community. These traits are not overlooked and are furthermore greatly appreciated. A member that displayed these qualities as of late is Kathryn Fossaceca. Kathryn has been a member since last year. She has been diligently precepting for the role as BLS provider and quickly approaching her completion. She’s spent long days and nights training, running calls, and completing reports with little need for assistance from her preceptors. Kathryn is fluent in Spanish which has proved to be a valuable skill on the ambulance. The last two shifts Kathryn and her crew encountered three separate calls with Spanish speaking patients (all of them including children). Kathryn didn’t hesitate to jump right in and provide translation while providing proficient patient care. The patients were very receptive and thankful for her assistance and aid. Shout out to Kathryn for making an impact and showing PRIDE in her service to others through FVRS and for the Chesterfield community.

Editor’s note: I would like to try to make this a monthly feature. If anyone, especially operations or administrative officers would like to submit an exceptional member, please send me, before the 25th of the month, their name and why you think they are exceptional.

Leadership Retreat, Tony Marant: This year, the squad held our annual retreat once again at the Renaissance Hotel in Portsmouth, VA. Contrary to past years, the agenda for this retreat was a tightly kept secret, and was a source of much excitement and anticipation in the weeks prior to the event. As members, new and old, showed up Friday evening, everyone was excited to be there and ready to experience an excellent weekend. Without a doubt, expectations were certainly exceeded! The retreat team planned and executed a hands on, exercise based learning experience that included a full mockup of leading and working in a volunteer rescue squad, dealing with the challenges that came with daily operation, and responding to unplanned large scale disasters. Saturday evening gave members a time to relax, enjoy some time with their peers, and watch a tides baseball game at Harbor Park. Sunday was the culmination of the weekend's activities, where the lessons learned and the solutions developed were discussed in terms of how they were not only applicable to the exercise, but to our everyday squad operations. Each member left with a new appreciation for how much work goes in to running a volunteer rescue squad and a refreshed, positive outlook on the future of Forest View. Thank you to all involved and we look forward to what this coming year brings!

A Message from the Chief, Alice Beachy: Vacation is over and things are beginning to get back to normal. A huge thanks to you for everyone's help while I was away; from the deputy chiefs, to our captain, to our Lieutenants, to our members. Forest View really does have the best people! State inspection has come and gone, and again thanks to all, no major problems.